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In collaboration with



South Yorkshire  
Integrated Care Board

**FREE**  
digital resources  
for carers

## What is the Digital Resource for Carers?

The Digital Resource for Carers (DRC) is a digital platform that hosts a wealth of resources which helps carers to self care and build resilience in their caring role. The NHS has contracted with Carers UK to make the DRC available across primary care, including GP practices, as a tangible support offer.

South Yorkshire ICB is looking for a small group of general practices or PCNs to help make the DRC available to as many carers as possible as part of a good practice pilot.

**Key Objectives of the South Yorkshire Pilot are to support primary care by:**

- Helping general practices and PCNs to support carers using the DRC to promote personalised care
- Supporting general practices to identify and support carers as a quality marker for CQC
- Working with general practices and PCNs to roll out the DRC
- Evaluation of the adoption the DRC to show value to carers and primary care

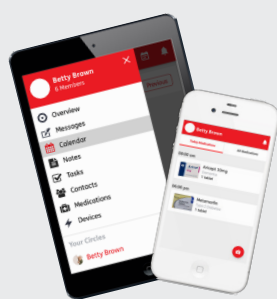
# Free access code for the DRC : DPCN9333

Use this code to get free access to all the resources at:  
[carersdigital.org](https://carersdigital.org)



### E-Learning Building resilience

Designed to help carers access advice and information relevant to their situation, find resources and identify sources of support including technology, as well as promote carers' own health and wellbeing.



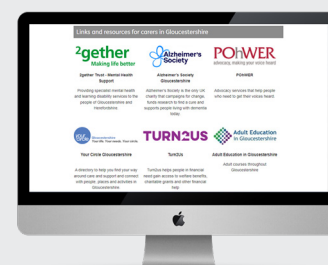
### Jointly Care co-ordination app

A central place to store and share important information about the person you are caring for. Set up appointments, allocate tasks, save files and notes, manage medication and lots more.



### Free publications Carers UK guides

Essential reading for carers including: Upfront guide to caring, Looking after someone – Carers Rights Guide and Being heard: A self-advocacy guide for carers



### More resources & info Links to workplace resources

Access links to further resources and sources of information and support for people who are looking after a loved one.